



# SPA MENU

  
SUSONA  
BODRUM

# HAMMAM

TURKISH DELIGHT - 40 min.

**100€**

This ritual starts by deeply cleansing the skin with a revitalizing body scrub and exfoliation mitt followed by a full body foam massage and ends refreshing hair wash and conditioning scalp treatment.

**Including:** Invigorating Body Scrub / Foam Massage, Wash & Conditioner.

---

SULTANS'S EXPERINCE - 50 min.

**180€**

If you want to feel special, you should definitely try this experience specially prepared for the sultans.

**Including:** Peeling-Foam Massage, Consisting Of Honey and Brown Sugar Mask, Washing of Hair with Rose-Flavored Water.



# CLASSICS

**HOT STONES MASSAGE - 50 min. / 90 min.**  
**150€ / 250€**

A therapeutic feel-good treatment, smoothing and comforting warm stones along the body uses heat to deeply relax the muscles and delight the mind. Boosting the immune system and lifting energy levels, fatigue and headaches disappear, and feelings of profound wellbeing take their place.

---

**AROMA THERAPY - 50 min. / 90 min.**  
**120€ / 215€**

A deeply therapeutic holistic treatment which combines the power of essential oils with the best of eastern and western massage techniques, to create a feeling of physical relaxation and calm, whilst mentally uplifting and clearing the mind.

---

**SWEDISH - 50 min. / 90 min.**  
**120€ / 215€**

A traditional Western massage modality using firm pressure and stimulating movements to soothe tense muscle tissue and promote relaxation.



## CLASSICS

**BALINESE** - 50 min. / 90 min.  
**120€ / 215€**

An authentic Indonesian massage combining a variety of skin rolling, kneading, palm and thumb pressure manipulations. The circulatory, muscular and nervous systems are improved for total inner harmony.

---

**DEEP TISSUE** - 50 min. / 90 min.  
**150€ / 250€**

A powerful massage designed to alleviate deep-seated tension and muscular stress. Uses firm to deep pressure including acupressure and deep movements using the therapist's forearms and elbows.



# EXCLUSIVE RITUALS

## AUTHENTIC TOUCH - 95 min. 250€

Steam Room	5 min.
Turkish Delight	40 min.
Deep Tissue	50 min.

A traditional Turkish bath combined with unique deep tissue massage touches.

**Including:** Steam Room, Turkish Delight, Deep Tissue Massage.

---

## SUSONA SPA SPECIAL - 105 min. 300€

Steam Room	5 min.
Sultans's Hammam	50 min.
Deep Tissue	50 min.

This exclusive therapy, designed with just YOU in mind, opens pores with traditional body scrub techniques. Pamper your skin with a body mask made of real honey and organic brown sugar. With the elegant touches of traditional foam massage, you will feel that your mind and body are purified. This unforgettable journey ends with a Deep tissue massage using aromatic oils for a truly relaxing and stress-relieving treatment.

**Including:** Steam Room, Sultans hammam, Deep Tissue Massage.



# SIGNATURE

## REPAIR - 105 min. 250€

Steam Room	5 min.
Sea Salt Scrub + Shower	25 min.
Body Wrap + Shower	25 min.
Hot Stones Massage	50 min.

In this unique and special treatment, your therapist uses many herbs from native plants to soothe, moisturize, nourish the skin and deeply relax the body. This one of a kind treatment starts with the healing salt of the Aegean Sea and a seaweed wrap to remineralize your body, with the aim to give you a complete local experience using nourishing, aromatic oils indigenous to the region.

**Including:** Salt Scrub, Body Wrap, Hot Stone Massage.



# SIGNATURE

## REFRESH - 80 min. 220€

Steam Room	5 min.
Sea Salt Scrub + Shower	25 min.
Balinese Massage	50 min.

Sea salt is an ideal scrub for the skin, offering a firm polish to slough away dead and fatigued skin cells, while mineralizing the skin for a deeply enriched and smoothed result. Add on to a massage, it's ideal following a long-haul travel or stressful day. With tropical aromatic oil.

**Including:** Salt Scrub, Balinese Massage.

---

## AFTER SUN - 80 min. 220€

Steam Room	5 min.
Seaweed Wrap + Shower	25 min.
Aroma Therapy	50 min.

Restore your skin's vitality and reveal a bright, smooth and radiantly youthful looking complexion by an indulgent experience that will transport you into a private world.

Your treatment will start with a soothing after sun Body Wrap of Aloe Vera.

After the skin has cooled, a gentle massage using a soothing oil will energize and refresh your body.

**Including:** Cooling After Sun Wrap / Soothing Massage with Aloavera Aromatic Oil.



# BODY MASSAGE

## BODY DETOX - 40 min. 100€

Sea salt is an ideal scrub for the skin, offering a firm polish to slough away dead and fatigued skin cells, while mineralizing the skin for a deeply enriched and smoothed result.

**Including:** Steam Room, Salt Scrub, Seaweed Mask Wrap.

---

## BODY REGENERATION - 40 min. 100€

Toning, firming and invigorating; this treatment reduces fluid retention and improves skin texture. A full body treatment that includes exfoliation boosted by a toxin releasing body wrap with stimulating Marine algae. This will transform the skin's condition and offer a refined and smoothed figure.

**Including:** Steam Room, Salt Scrub, Marine Mud Mask Wrap.



# EXPRESS

## BODY SCRUB (IN HAMMAM) - 25 min. 50€

A high-performance body exfoliation treatment that combines to leave the skin feeling toned and velvety smooth.

---

## FOAM MASSAGE (IN HAMMAM) - 25 min. 50€

Designed for those who want to experience the unique texture of a Turkish bath but have sensitive skin.

---

## BACK, NECK & SHOULDER MASSAGE - 25 min. 75€

Release tension, and soothe stiff and sore muscles on the back with this skilfully applied massage combining supercharged aromatic essential oils to bring instant relief.





Torba, Kaynar Street No:15, 48400 Bodrum, Muğla, Türkiye

[www.susonabodrum.com](http://www.susonabodrum.com) | +90 252 211 27 00

[susonabodrum\\_info@hilton.com](mailto:susonabodrum_info@hilton.com)

[@susonabodrum](https://www.instagram.com/susonabodrum) [f susonabodrum](https://www.facebook.com/susonabodrum)